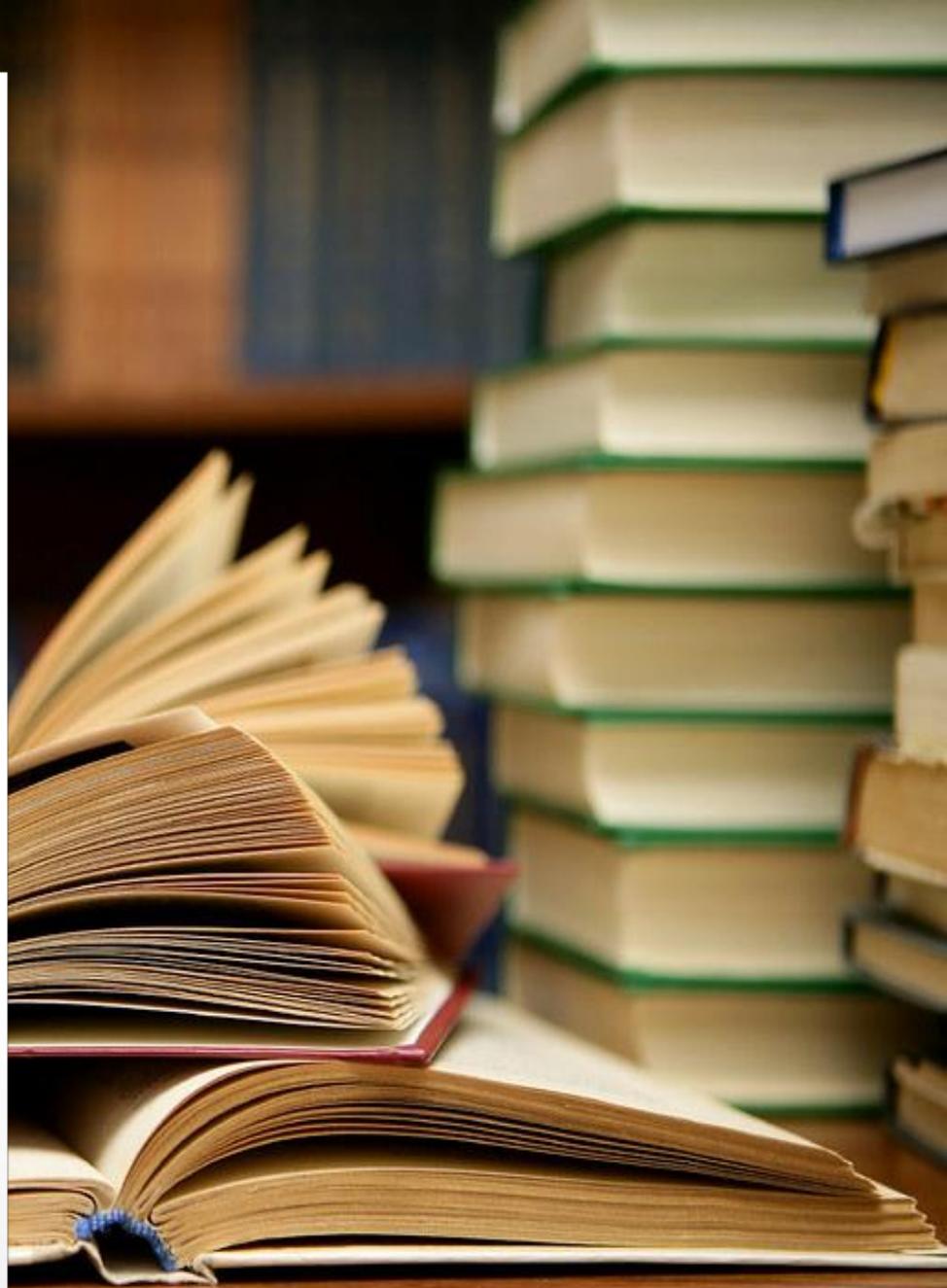


For Families...

# Summer Reading

May 2019





# Summer Reading

- Students experience significant learning loss when they do not participate in educational activities during the summer months. Research shows that students on average score lower on standardized tests at the end of summer than they do on the same tests at the end of the school year.
- Reading just 4-5 books during the summer can prevent a decline in a child's fall reading scores.
- Summer reading loss is cumulative, these children do not typically catch up in the fall. Their peers are progressing with their skills while they are making up for the summer learning loss. By the end of 6th grade, children who lose reading skills during the summer are on average 2 years behind their peers.

"Use summertime to help kids learn to love reading. Put them in front of fun books. Jump start them by reading with them. Once kids learn to read for fun, much of their education will happen as a natural consequence."  
- Brandon Mull

Taken from:

<https://www.brighthubeducation.com/summer-learning-activities-ideas/78894-how-reading-prevents-summer-learning-loss/>



# Summer Reading

- Access to books is critical. The public library is an excellent free resource for families to have access to books of a wide range of interests and reading levels, as well as librarians to guide children and families in selecting great books.
- When children select reading materials themselves and read for enjoyment, they receive the most gains in reading achievement, including better reading comprehension, writing style, vocabulary, spelling, and grammatical development. Also, the longer that this free voluntary reading is practiced, the more consistent and positive the results. Thus summer programs, such as those offered in public libraries, that allow and encourage children to choose what they read are likely to be most successful.
- Children and teens tend to read more when adults in their lives encourage them to read, and also when they see those adults reading often themselves.

Taken from: <https://www.cde.state.co.us/cdelib/summerslide>



# What can you do?

## *Families*

- Let your student pick what they want to read.
- Model reading.
- Read together.
- Talk with your student about what they are reading and about what you are reading.
- Incorporate a variety of texts -- audio books, podcasts, magazines, graphic novels, comic books, etc.





# Resources

- NEA (National Education Association) Summer Resources List: <http://www.nea.org/grants/67128.htm>
- CPSD Summer Reading: [https://www.cpsd.us/summer\\_reading](https://www.cpsd.us/summer_reading)
- Massachusetts' Libraries: <https://libraries.state.ma.us/pages/summer-reading>
- Cambridge Book Bike: <https://www.finditcambridge.org/program/cambridge-book-bike>
- Getting to Why? Motivating Students to Read: <https://www.amle.org/BrowsebyTopic/WhatsNew/WNDet/TabId/270/ArtMID/888/ArticleID/25/Getting-to-the-Why-Motivating-Students-to-Read.aspx>
- Parenting -
  - 10 Ways to Encourage Your Middle Schooler to Read: <https://www.understood.org/en/school-learning/learning-at-home/encouraging-reading-writing/10-ways-to-encourage-your-middle-schooler-to-read#slide-11>
  - 17 Ways to Keep Your Middle Schooler Interested in Reading (Scholastic): <https://www.scholastic.com/parents/books-and-reading/reading-resources/developing-reading-skills/17-ways-to-keep-your-middle-schooler-turning-pages.html>
  - Middle School and High School Reading - Tips from the Pros: <https://www.greatschools.org/gk/articles/reading-tips-from-the-pros/>



# Why does reading every night matter?

Good readers often have more financially rewarding jobs. They are **2.5x** more likely to earn \$850 or more a week.<sup>7</sup>

Children who read 3,000 words per day will be in the top 2% of standardized tests



Children who read 20 words per day will be in the bottom 2% of standardized tests<sup>8</sup>



# Why does reading every day matter?

Reading **20 minutes**

+

every day

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= over **1 million words**  
per year!



# Why does reading every night matter?

*READING IS GOOD FOR YOU*

On average, readers have better:



Physical  
Health



Empathy



Mental  
Health